

Ring, £195, exclusive to www.astleyclarke.com



Coaster, £8.50 for 4, www.designmuseumshop.com



'Seamaster Aqua Terra Annual Calendar', £4,800, Omega (0845 272 3100)



Cuff, £190, Nicholas King exclusive to Matches (www.matchesfashion.com)



Conran Amo throw, £220, John Lewis (www.johnlewis.com)



Cuff, £215, Nicholas King, (as before)



Make-up bag, £135, Anya Hindmarch (www.gift-library.com)



'Paola Booty', £750, Christian Louboutin (020 7491 0033)



Essence Eau de Parfum Prestige Limited Edition 1ltr, £975, Narciso Rodriguez exclusive to Harrods (020 7730 1234); Encre Noir Pour Elle, £55, Lalique at Harrods; L'Eau Ambree Perfumed Body Powder, £42, Prada (020 7494 6220)



THE 'ME, ME, ME' LIST

What to put on your Christmas list? Decisions, decisions! Leave this page around the house and start dropping HEAVY hints...

T-shirt, £350, Donna Karan Cashmere Collection (020 7479 7900); 'Amy' bra, £200, 'Dareel' knickers, £130, Eres at Selfridges (0800 123400); 'Collier De Chien' belt, £1,150, Hermès (020 7823 1014)



Tea-light holders, £8.95 each, Graham & Green (www.grahamandgreen.co.uk)



Dress, £798, Preen (www.matchesfashion.com)



Cassis candle, £53, D.L. & Co (www.amara.co.uk)



Gloves, £275, Stella McCartney (www.net-a-porter.com)



Globetrotter vanity case, £1,200, Crème de la Mer (0870 034 2566)



Sublime Radiant Powder, £47.50, Guerlain (01932 233887)



Flore dispenser, £12.90, Zara (www.zarahome.com)