

goodies galore

Long gone are the days when bath salts, ordinary bars of soap and talcum powder were the extent of what we could look forward to when stocking up our bathroom shelves. The global health and beauty industry is now big business, with a very tempting array of creams, scrubs, balms, gels, soaks, lotions and oils to allow total indulgence.

Many famous spas now offer the products you enjoy during treatments for home use, so you can experience fine ingredients and delicious scents, from fruity and floral to spicy, away from the salon. Whether you require hydration, vitality, some deep cleansing, nourishment, intensive moisturising or simply a glow before a night out, there's a potion to suit your needs. Thanks to a number of collections focusing on the exotic, nice thoughts of your dream destination will come to the fore when freshening up, heightening the feeling of escapism. Packaging is often as desirable as the contents, helping to add a dash of colour/pattern to our wash spaces. So, it's now easy to cherry-pick your favourite designer grooming kit whilst dressing your room to impress!

below Whether you require an invigorating boost or a leisurely cleanse with soapy bubbles aplenty, this treasure trove of various bath, shower and body delights will lift the spirits. The Terre de Bois oil and Fleur Oriental body oil cost £28 each, and a set of three Citron Citron soaps, from £15, at Miller Harris. Tel: 0844 561 0992. www.millerharris.com



above Put your luxury treats on display when not in use for a bit of interest and pattern within the vanity space. Elizabeth W's Leaves gel, £17, has healing herbal and plant extracts to calm aches after a hard day, and is set beside this coffret of Gianna Rose's beautifully presented Fruit soaps, from £22 for four, at Amara. Tel: 0800 587 7645. www.amara.co.uk

below Make the most of the weekend by sharing your retreat with a loved one. The environment can be made extra inviting with a bouquet of Jo Malone's Nectarine Blossom & Honey shower gel, £30. Or, for the ultimate in decadence, splash out on a giant Lime Basil & Mandarin Luxury candle, £255. Tel: 0870 034 2411. www.jomalone.co.uk

